

**Please scroll
down to your
school menu**



WILDCAT SUB SANDWICHES



ONLINE!

We think your lunch time is important!! It's your time to unwind and eat. With that in mind, we have created a **SPECIAL SERVICE FOR YOU!**

If you want to speed things up for lunch...**ORDER A SUB SANDWICH MEAL IN ADVANCE**, and we will have it ready for you! *(Only full meals can be ordered at this time! We may serve a la carte subs in the future based on product demand and speed of service goals.)*

No waiting for food to be made...
No waiting to pay...

Order as far in advance as you want, **but be certain to have the funds to pay, or your account will be locked, and you will not be able to use the service again in the future!**

EVERYONE can order a meal!! Full pay, free, or reduced!!!

Meals offer all five components of a lunch! (Must include a choice of either a fruit or veggie)

Your sub **YOUR WAY!!**

HERES HOW IT'S DONE...

1. Click on the [I WANT A SUB](#) link **anytime prior to 7 am the morning of** the requested lunch.
2. Sign in using your Sylvania Schools **GOOGLE ID** password.
3. Follow the prompts to order your sub sandwich meal.
4. Pick up your pre-bagged meal at the **ONLINE SUB SANDWICH WINDOW.**
5. **THAT'S IT!! WE WILL DEDUCT YOUR LUNCH AUTOMATICALLY FROM YOUR ACCOUNT!**

We want to know what you think of the sub, service or any lunch related feedback. Please click this [FEEDBACK](#) link to share your opinion. *Serious, respectful feedback only please. Any abusive or inappropriate language will be dealt with accordingly.*

We are **SO EXCITED** to provide this service beginning **DON'T WAIT, PUT YOUR ORDER IN NOW!!!!**

September 5th 2017



WILDCATS



LIGHTER OFFERINGS

Chef Salad – Lettuce, carrots, red cabbage topped with cheese, tomato, cucumber, ham, turkey, egg & your choice of dressing. Served with fruit, bread, and choice of milk. \$3.00

Chef Salad a la carte \$2.75

Garden Salad – Lettuce, carrots, red cabbage topped with cheese, tomato, cucumber, chick peas and your choice of dressing. Served with fruit, bread, & choice of milk. \$3.00

Garden Salad a la Carte \$2.75

Greek Salad – Lettuce, carrots, red cabbage topped with feta cheese, tomato, cucumber, pepperoncini's and your choice of dressing. Served with fruit, bread, & choice of milk. \$3.00

Greek Salad a la carte \$2.75

Oriental Salad — Lettuce, carrots, red cabbage with mozzarella cheese, mandarin orange sections, pineapple chunks, chow mein noodles and sesame dressing. Served with fruit, bread & choice of milk. \$3.00

Oriental Salad a la carte \$2.75

Spinach Salad - Spinach with mozzarella cheese, tomato, cranberries, choice of dressing. Served with crackers, fruits & choice of milk. \$3.00

Spinach salad a la carte \$2.75

Turkey/Ham Wrap or Sub Sandwich – Shaved turkey or ham with lettuce, tomato, and cheese wrapped in an 8 inch whole grain tortilla shell or on whole grain white bread. Served with choice of vegetable, fruit, milk and a pack of ranch or mayo. \$3.00

Turkey or Ham Sandwich a la Carte \$2.50

Barry's Bagel Meal – Fresh Barry Bagel with cream cheese, yogurt, choice of vegetable, fruit and milk. \$3.00

Bagel & Cream Cheese a la Carte \$2.00

The Beirut Hummus Meal – Beirut Hummus, veggies for dipping, grilled pita bread, fruit and milk. \$3.00 Hummus only a la Carte \$2.25

Reduced and Adult Pricing

Student Reduced Full Breakfast - \$.30

Student Reduced Full Lunch - \$.40

Adult Full Breakfast - \$2.25

Adult Full Lunch - \$3.50

**All Reimbursable
Full Price
Meals -\$3.00**

BREAKFAST (7:00 AM -8:15 AM)

Breakfast Burrito—Ham or turkey, egg & cheese on a wrap. Served with fruit and milk. \$1.75

Breakfast Burrito a la carte \$1.50

Sausage or Ham, Egg and Cheese Muffin — Sausage or ham, egg and cheddar cheese served on an English muffin with your choice of fruit or juice and milk. \$1.75

Breakfast Muffin a la Carte \$1.50

Mini Pancakes — One serving of pancakes offered with syrup and served with your choice of fruit or juice and milk. \$1.75

Pancakes with Syrup a la Carte \$1.50

I'm CEREAL! – No Joking! Choose two bowls from our wide variety of popular cereals served with your choice of fruit or juice and milk. \$1.75

Cereal only a la Carte \$1.50 per bowl

Breakfast Pizza– Egg, cheese and a variety of toppings on a pizza crust served with your choice of fruit or juice and milk. \$1.75

Pizza a la Carte \$1.50

Barry Good Breakfast– Fresh Barry Bagel with cream cheese served with your choice of fruit or juice and milk. \$1.75 BREAKFAST ONLY PRICING

Dutch or Belgium Waffle w/syrup, fruit and milk. \$1.75

A la Carte Pricing

French Fries - \$1.00 Baked Potato - \$1.00

Fruit - 75¢ Vegetable - 75¢ Bread - 75¢

Cream Cheese - 25¢ Condiment Packets - 10¢

Syrup -25¢ Yogurt - \$1.00 Sour Cream - 25¢ Cheese - 25¢

Sidekick Slushy - 75¢ Frozen yogurt (4OZ) - \$1.50

Chips - 75¢ Dressing packet.- Small—10¢, Large—25¢

A la Carte Drink Pricing

Milk - 50¢ Large Juice \$1.00 Small Juice - 50¢

Bottled Water - 60¢ All other drinks - \$1.00 & \$2.00

Hot Stuff — Mosaic Coffee—\$1.00 Hot Chocolate—\$1.00

Hot Premium Tea—\$1.00

WILDCATS



Mondays

Taco Salad– Taco shell bowl with taco meat, cheese, tomatoes, lettuce, and a side of sour cream. Salsa and/or packet of dressing offered. Served with your choice of fruit and milk. \$3.00

Taco Salad a la Carte \$2.75

Walking Taco – We take one bag of Nacho Cheese Doritos and add taco meat, cheese, beans, tomatoes, lettuce, and a side of sour cream. Served with your choice of fruit and milk. (For speed of service, please promptly tell the server of any items that need to be left off.) \$3.00

Walking Taco a la Carte \$2.50

Mini Corn Dogs – Mini chicken corn dogs served with choice of vegetable, fruit and milk. \$3.00

Corn Dogs a la Carte \$2.50

Tuesdays

Buffalo Chicken Sub - Chicken tossed Frank's buffalo sauce with shredded lettuce on a grilled sub bun and a pack of ranch dressing to cool things down! Served with choice of vegetable, fruit and milk. \$3.00

Sub a la Carte \$2.50

Teriyaki Chicken – We mix teriyaki chicken with green peppers, red peppers, and onion and serve on a bed of rice with choice of fruit & milk. \$3.00

Chicken a la Carte \$2.50

Wednesdays

Pat and Carol's Mashed Potato Stack – Enjoy this stacked GOODNESS! We put popcorn chicken over mashed potatoes with corn, gravy, and cheese. Served with bread, fruit & milk. \$3.00

Stack a la Carte \$2.50

Chicken Sandwich – Chicken Sandwich. Served with vegetable, fruit & milk. \$3.00

Sandwich a la Carte \$2.50

Thursdays

Bagel Pizza's (2) - Half Cheese/Half Pepperoni each. Served with vegetable, fruit & milk. \$3.00

Bagel pizza's a la carte \$2.50

Godfather Meatball Sub – This is an offer you can't refuse, meatballs in a red sauce and mozzarella cheese on a sub bun. Served with vegetable, fruit & milk. \$3.00

Sub a la Carte \$2.50

Grilled Cheese and Tomato Soup - Your favorite grilled cheese served with a hot bowl of tomato soup! Served with baby carrots, fruit and milk. \$3.00

Grilled Cheese a la Carte \$2.50, Tomato Soup \$1.50

Fridays

Mac-n-Cheese – **Get your comfort food here!** Macaroni with a creamy cheddar cheese sauce. Served with vegetable, fruit & milk. \$3.00

Mac-n-Cheese a la Carte \$2.50

Chicken Drumstick – Everyone gets a drumstick! Served with bread, vegetable, fruit & milk. \$3.00

Drumstick a la Carte \$2.50

DAILY OPTIONS

Cheese or Pepperoni Pizza with choice of vegetable, fruit & milk.

\$3.00 **Pizza a la Carte \$1.75**

Additional slices with purchase of a full meal only \$1.25 each

(Limit 2 additional pieces at the reduced price, first trip only.)

Any questions or concerns please email Joe Shamy at jshamy@sylvaniaschools.org



Like Sylvania Schools
Food Service Page on
Facebook for more info!

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**All Reimbursable Full Price
Meals—\$3.00**

COUGARS

Mondays

Taco Salad— Taco shell bowl with beef or chicken, cheese, tomatoes, lettuce, and a side of sour cream. Salsa and/or packet of dressing offered. Served with fruit and milk. \$3.00

Taco Salad a la Carte \$2.75

Walking Taco – We take one bag of Nacho Cheese Doritos and add meat, cheese, beans, tomatoes, lettuce, and a side of sour cream. Served with fruit and milk. (For speed of service, please promptly tell the server of any items that need to be left off.) \$3.00

Walking Taco a la Carte \$2.50

2 Tacos or 2 Chicken Fajitas – Lightly spiced chicken strips or spiced ground beef served with a tortilla or taco shell, cheese, tomatoes, lettuce, and a side of sour cream. Served with your choice of fruit and milk. \$3.00

Beef Taco a la carte \$1.50 each

Chicken Fajitas a la Carte \$1.50

Tuesdays

Buffalo Chicken Sub - Chicken tossed Frank's buffalo sauce with shredded lettuce on a grilled sub bun and a pack of ranch dressing to cool things down! Served with choice of vegetable, fruit and milk. \$3.00

Sub a la Carte \$2.50

Teriyaki or Tangerine Chicken – We mix teriyaki or tangerine chicken with green peppers, red peppers, and onion and serve on a bed of rice with choice of fruit & milk. \$3.00

Chicken a la Carte \$2.50

Wednesdays

Pat and Carol's Mashed Potato Stack – Enjoy this stacked GOODNESS! We put popcorn chicken over mashed potatoes with corn, gravy, and cheese. Served with a roll, fruit & milk. \$3.00

Stack a la Carte \$2.50

Chicken Drumstick Dinner— Chicken Drumstick selection served with bread, choice of vegetable, fruit & milk. \$3.00

Chicken a la Carte \$2.50

Any questions or concerns please email Joe Shamy at jshamy@sylvaniaschools.org.

All Reimbursable Full Price Meals—\$3.00

Thursdays

Godfather Meatball Sub – This is an offer you can't refuse, meatballs in a red sauce and mozzarella cheese on a sub bun, choice of vegetable, fruit & milk. \$3.00

Sub a la Carte \$2.50

Grilled Cheese and Tomato Soup or Chili- Your favorite grilled cheese served with a hot bowl of tomato soup or chili! Served with vegetable, fruit and milk. \$3.00

Grilled Cheese a la Carte \$2.50

Tomato Soup or Chili \$1.50

Fridays

Mac-n-Cheese – Get your comfort food here!

Macaroni with a creamy cheddar cheese sauce. Served with vegetable, fruit & milk. \$3.00

Mac-n-Cheese a la Carte \$2.50

Chicken Patty - Chicken patty on a bun with choice of vegetable, fruit & milk. \$3.00

Sandwich a la Carte \$2.50

Hamburger/Cheeseburger - Burger with fries, fruit & milk. \$3.00

Sandwich a la Carte \$2.50

DAILY OPTIONS

Cheese or Pepperoni Pizza vegetable, fruit & milk. \$3.00

Pizza a la Carte \$1.75

Additional slices with purchase of a full meal only \$1.25 each (Limit 2 additional pieces at the reduced price, first trip only.)

Sandwich of the Day - with choice of vegetable, fruit & milk. \$3.00

Sandwich a la Carte \$2.50

Options vary. They may include: Soy Butter & Jelly, Turkey, Ham, Egg Salad, and Tuna.



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COUGARS

SALADS AND SUCH

Chef Salad – Lettuce, carrots, red cabbage topped with cheese, tomato, cucumber, ham, turkey, egg & your choice of dressing. Served with fruit, crackers, and choice of milk. \$3.00
Chef Salad a la carte \$2.75

Garden Salad – Lettuce, carrots, red cabbage topped with cheese, tomato, cucumber, chick peas and your choice of dressing. Served with fruit, crackers, & choice of milk. \$3.00
Garden Salad a la Carte \$2.75

Greek Salad – Lettuce, carrots, red cabbage topped with feta cheese, tomato, cucumber, pepperoncini's and 1 large pack of your choice of dressing. Served with fruit, crackers, & choice of milk. \$3.00
Greek Salad a la carte \$2.75

Turkey/Ham Wrap, Sub or Sandwich – Shaved turkey or ham with lettuce and cheese wrapped in an 8 inch whole grain tortilla shell or on whole grain white bread. Served with chips, vegetable, fruit, milk and a pack of ranch or mayo. \$3.00
Turkey/Ham Wrap or Sandwich a la Carte \$2.50

Barry's Bagel Meal – Fresh Barry Bagel with cream cheese, yogurt, choice of vegetable, fruit and milk. \$3.00
Bagel & Cream Cheese a la Carte \$2.00 (Bagel only \$1.75)

The Beirut Hummus Meal – Beirut Hummus, veggies for dipping, pita bread, fruit and milk. \$3.00
Hummus with bread only a la Carte \$2.00

Reduced and Adult Pricing

Student Reduced Full Breakfast - \$.30

Student Reduced Full Lunch - \$.40

Adult Full Breakfast - \$2.25

Adult Full Lunch - \$3.50

All Adult a la Carte prices are the same as Student a la Carte

**All Reimbursable
Full Price Meals—
\$3.00**

Any questions or concerns please email Joe Shamy at jshamy@sylvaniaschools.org.

BREAKFAST (7:00 AM –10:00 AM)

EVERY DAY: Sausage or Ham, Egg and Cheese Breakfast Sandwich Sausage or ham, egg and cheese served on an English muffin with your choice of fruit or juice and milk. \$1.75
Breakfast Muffin a la Carte \$1.50

EVERY DAY: I'm CEREAL! – No Joking! Choose two bowls from our wide variety of popular cereals served with your choice of fruit or juice and milk. \$1.75
Cereal only a la Carte \$1.25 per bowl

EVERY DAY: Barry Good Breakfast– Fresh Barry Bagel with cream cheese served with your choice of fruit or juice and milk. \$1.75 **BREAKFAST ONLY PRICING**

Mini Pancakes— One serving of pancakes offered with syrup and served with your choice of fruit or juice and milk. \$1.75
Pancakes with Syrup a la Carte \$1.50

Breakfast Pizza– Egg, cheese and a variety of toppings on a pizza crust served with your choice of fruit or juice and milk. \$1.75
Pizza a la Carte \$1.50

A la Carte Pricing

French Fries - \$1.50 Baked Potato - \$1.50 Oatmeal pkt - \$1.00

Fruit - 75¢ Vegetable - 75¢ Bread - 75¢

Cream Cheese - 25¢ Condiment Packets - 10¢

Syrup -25¢ Yogurt (4oz) - 75¢ Sour Cream - 25¢ Cheese - 25¢

Sidekicks Slushy - 75¢ Frozen yogurt (4oz) - \$1.50

Chips - 25¢ - \$1.00 Dressing packet.- Small—10¢, Large—25¢

A la Carte Drink Pricing

Milk - 50¢ Large Juice \$1.00 Small Juice - 50¢

Bottled Water - 60¢ Other drinks - \$1.00 and \$2.00

Hot Stuff

Mosaic Coffee—\$1.00

Hot Chocolate—\$1.00

Hot Premium Tea—\$1.00

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