

Arbor Hills Junior High Aug-Dec 2017 Menu



PRICES

BREAKFAST
 Regular \$1.75
 Reduced \$.30
 Adults \$2.25
 Milk \$.50

LUNCH
JUNIOR HIGH
 Regular \$3.00
 Reduced \$.40
 Adults \$3.50
 Milk \$.50

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU #1	Pepperoni or Cheese Pizza or Chicken Sandwich	Walking Taco or Soft Tacos	Grilled Cheese or Mini Corn Dogs	Salisbury Steak or Popcorn Chicken	Pepperoni or Cheese Pizza or Hamburger or Cheeseburger
Garden Salad with Croutons, Yogurt, Roll, Fruit and Milk Offered Daily!!!					

MENU #2	Pepperoni or Cheese Pizza or Chicken Sandwich	Hot Dog or Sloppy Joe	Macaroni & Cheese w/ Dinner Roll or Chicken Quesadilla	Chicken Nuggets or Cheesy Bread	Pepperoni or Cheese Pizza or Hamburger or Cheeseburger
Garden Salad with Croutons, Yogurt, Roll, Fruit and Milk Offered Daily!!!					

MENU #3	Pepperoni or Cheese Pizza or Chicken Sandwich	Beef Nachos or Fiestada Pizza	Grilled Cheese or Mini Corn Dogs	Meatball Sub or Spicy Chicken Sandwich	Pepperoni or Cheese Pizza or Hamburger or Cheeseburger
Garden Salad with Croutons, Yogurt, Roll, Fruit and Milk Offered Daily!!!					

MENU #4	Pepperoni or Cheese Pizza or Chicken Sandwich	Walking Taco Or Soft Tacos	Teriyaki Chicken or Mac and Cheese	Popcorn Chicken or Salisbury Steak	Pepperoni or Cheese Pizza or Hamburger or Cheeseburger
Garden Salad with Croutons, Yogurt, Roll, Fruit and Milk Offered Daily!!!					

MENU #5	Pepperoni or Cheese Pizza or Chicken Sandwich	Swedish Meatballs or Beef Chili Fries	Hot Dog or Sloppy Joe	Soft Pretzel & Cheese or Chicken Nuggets	Pepperoni or Cheese Pizza or Hamburger Or Cheeseburger
Garden Salad with Croutons, Yogurt, Roll, Fruit and Milk Offered Daily!!!					

Breakfast is served at most of our schools!

BREAKFAST MENU

OFFERED DAILY:

Choice of assorted whole grain cereals, pancakes, or Pop Tarts. Assorted fruits and choice of milk

LUNCH MENU ITEMS

OFFERED DAILY:

A variety of fresh fruits , red/orange & dark green vegetables and legumes.

Choice of Chocolate, Strawberry or White milk

- Don't forget, parents are able to prepay for student meals using on-line payments at MySchoolBucks.com.
PLEASE NOTE: We will never turn away a student requesting a meal in our food lines. We will charge the meal, feed the student and settle with parents at a later date. Be assured, no child will go hungry in Sylvania Schools!
- Free & Reduced Applications are available at any of the school offices. For the quickest processing, go to www.sylvania.heartlandapps.com.
- *Reminder, if you receive free lunches daily and your school serves breakfast, you may eat a free, healthy breakfast every morning!*
- For questions or comments please contact Joe Shamy, Food Service Director at 419-824-8511 or jshamy@sylvaniaschools.org.

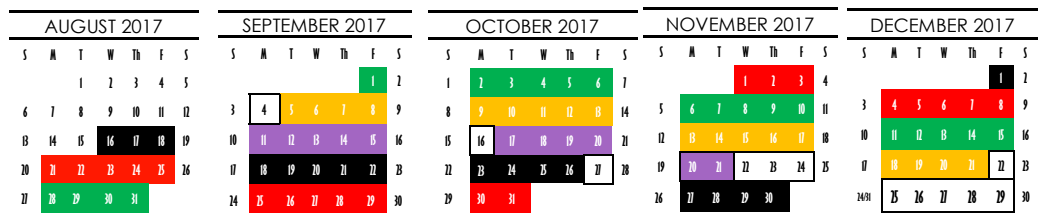
Meals Offered Daily

Hummus served with fresh dipping vegetables, fruit, pita bread, and milk. Hummus a la carte \$2.50

Soy nut butter and jelly sandwich with fruit, veggie and milk (sandwich a la carte \$2.50)

Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu. The last 5 days of school are manager's choice. Menu options for these days will be announced in advance.

Sylvania Schools is an equal opportunity provider and employer. We do not discriminate on the basis of race, color, national origin, sex, religion, age or disability in the employment or the provision of services.



2017-2018 Late Start Days:
 Sept 21, Dec 5, March 7 and May 15

Manager's choice

Menu may change at manager's discretion due to food supply.

Sylvania Schools McCord Jr High Aug-Dec 2017 Menu



PRICES

BREAKFAST
 Regular \$1.75
 Reduced \$.30
 Adults \$2.25
 Milk \$.50

LUNCH
JUNIOR HIGH
 Regular \$3.00
 Reduced \$.40
 Adults \$3.50
 Milk \$.50

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU #1	Chicken Nuggets or Mini Corn Dogs	Cheese or Pepperoni Pizza or Meatball Sub Sandwich	Grilled Cheese & Tomato Soup or Spicy Chicken Strips	Cheeseburger Or Pretzel & Cheese	Pepperoni or Cheese Pizza or Chicken Sandwich or Cheeseburger
Garden Salad with Croutons, Yogurt, Roll, Fruit and Milk Offered Daily!!!					

MENU #2	Cheesy Bread w/ Marinara Sauce or Chicken Sandwich	Cheese or Pepperoni Pizza or Walking Taco	Macaroni & Cheese w/ Dinner Roll or Chicken Quesadilla	Salisbury Steak w/Mashed Potatoes or Chicken Fries	Pepperoni or Cheese Pizza or Chicken Sandwich or Cheeseburger
Garden Salad with Croutons, Yogurt, Roll, Fruit and Milk Offered Daily!!!					

MENU #3	Italian Chicken & Cheese Sub or Spicy Chicken Strips	Cheese or Pepperoni Pizza or Beef Chili & Cheese Potatoes	Hot Dog or Chicken Drumstick w/Mashed Potatoes	Cheesy Beef w/ Marinara Sauce or Popcorn Chicken	Pepperoni or Cheese Pizza or Chicken Sandwich or Cheeseburger
Garden Salad with Croutons, Yogurt, Roll, Fruit and Milk Offered Daily!!!					

MENU #4	Pizza Fiestada or Mini Corn Dogs	Cheese or Pepperoni Pizza or Orange Chicken w/Rice	Grilled Cheese & Tomato Soup or Cheeseburger	Walking Taco or Chicken Quesadilla	Pepperoni or Cheese Pizza or Chicken Sandwich or Cheeseburger
Garden Salad with Croutons, Yogurt, Roll, Fruit and Milk Offered Daily!!!					

MENU #5	Teriyaki Chicken w/Rice or Hot Dog	Cheese or Pepperoni Pizza or Buffalo Chicken Sub	Beef & Cheese Nachos or Macaroni & Cheese w/Dinner Roll	Popcorn chicken w/Mashed Potatoes or Cheesy Bread w/ Marinara Sauce	Pepperoni or Cheese Pizza or Chicken Sandwich or Cheeseburger
Garden Salad with Croutons, Yogurt, Roll, Fruit and Milk Offered Daily!!!					

Breakfast is served at most of our schools!

BREAKFAST MENU OFFERED DAILY:

Choice of assorted whole grain cereals, pancakes, or Pop Tarts. Assorted fruits and choice of milk

LUNCH MENU ITEMS OFFERED DAILY:

A variety of fresh fruits, red/orange & dark green vegetables and legumes.

Choice of Chocolate, Strawberry or White milk

- Don't forget, parents are able to prepay for student meals using on-line payments at MySchoolBucks.com.
PLEASE NOTE: We will never turn away a student requesting a meal in our food lines. We will charge the meal, feed the student and settle with parents at a later date. Be assured, no child will go hungry in Sylvania Schools!
- Free & Reduced Applications are available at any of the school offices. For the quickest processing, go to www.sylvania.heartlandapps.com.
- *Reminder, if you receive free lunches daily and your school serves breakfast, you may eat a free, healthy breakfast every morning!*
- For questions or comments please contact Joe Shamy, Food Service Director at 419-824-8511 or jshamy@sylvaniaschools.org.

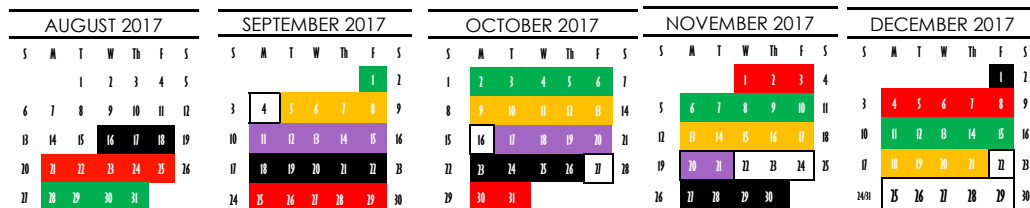
Meals Offered Daily

Hummus served with fresh dipping vegetables, fruit, pita bread, and milk. Hummus a la carte \$2.50

Soy nut butter and jelly sandwich with fruit, veggie and milk (sandwich a la carte \$2.50)

Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu. The last 5 days of school are manager's choice. Menu options for these days will be announced in advance.

Sylvania Schools is an equal opportunity provider and employer. We do not discriminate on the basis of race, color, national origin, sex, religion, age or disability in the employment or the provision of services.



2017-2018 Late Start Days:
 Sept 21, Dec 5, March 7 and May 15

Manager's choice

Menu may change at manager's discretion due to food supply.

Timberstone Junior High Aug-Dec 2017 Menu



PRICES	
BREAKFAST	
Regular	\$1.75
Reduced	\$.30
Adults	\$2.25
Milk	\$.50
LUNCH	
JUNIOR HIGH	
Regular	\$3.00
Reduced	\$.40
Adults	\$3.50
Milk	\$.50

Breakfast is served at most of our schools!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU #1	Cheesy Bread w/Marinara or Fiestada Pizza	Cheese or Pepperoni Pizza or Cheeseburger	Grilled Cheese & Tomato Soup or Spicy Chicken Strips	Meatball Sub or Corn Dog	Pepperoni or Cheese Pizza or Chicken Sandwich or Cheeseburger
Garden Salad with Croutons, Yogurt, Roll, Fruit and Milk Offered Daily!!!					

MENU #2	Cheesy Bread w/ Marinara Sauce or Chicken Quesadilla	Cheese or Pepperoni Pizza or Orange Chicken w/Rice	Macaroni & Cheese w/ Dinner Roll or Chicken Nuggets	Salisbury Steak w/Mashed Potatoes or Turkey & Cheese Sub	Pepperoni or Cheese Pizza or Chicken Sandwich or Cheeseburger
Garden Salad with Croutons, Yogurt, Roll, Fruit and Milk Offered Daily!!!					

MENU #3	Cheesy Bread w/ Marinara or Corn Dog	Cheese or Pepperoni Pizza or Chicken & Cheese Quesadilla	Hot Dog or Sloppy Joe w/ Baked Beans	Fiestada Pizza or Popcorn Chicken	Pepperoni or Cheese Pizza or Chicken Sandwich or Cheeseburger
Garden Salad with Croutons, Yogurt, Roll, Fruit and Milk Offered Daily!!!					

MENU #4	Cheesy Bread w/Marinara or Buffalo Chicken Sub	Cheese or Pepperoni Pizza or Cheeseburger	Grilled Cheese & Tomato Soup or Chicken Strips	Walking Taco or Chili Cheese Wedges	Pepperoni or Cheese Pizza or Chicken Sandwich or Cheeseburger
Garden Salad with Croutons, Yogurt, Roll, Fruit and Milk Offered Daily!!!					

MENU #5	Cheesy Bread w/Marinara or Chicken Strips	Cheese or Pepperoni Pizza or Meatball Sub	Walking Taco or Macaroni & Cheese w/Dinner Roll	Baked Chicken w/ Mashed Potatoes or Turkey & Cheese Sub	Pepperoni or Cheese Pizza or Chicken Sandwich or Cheeseburger
Garden Salad with Croutons, Yogurt, Roll, Fruit and Milk Offered Daily!!!					

LUNCH MENU ITEMS OFFERED DAILY:
A variety of fresh fruits, red/orange & dark green vegetables and legumes.
Choice of Chocolate, Strawberry or White milk

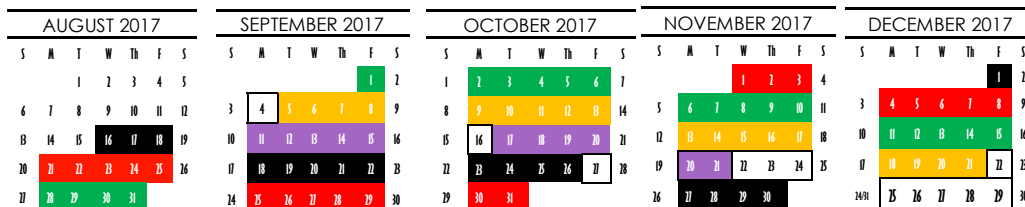
- Don't forget, parents are able to prepay for student meals using on-line payments at MySchoolBucks.com.
PLEASE NOTE: We will never turn away a student requesting a meal in our food lines. We will charge the meal, feed the student and settle with parents at a later date. Be assured, no child will go hungry in Sylvania Schools!
- Free & Reduced Applications are available at any of the school offices. For the quickest processing, go to www.sylvania.heartlandapps.com.
- Reminder, if you receive free lunches daily and your school serves breakfast, you may eat a free, healthy breakfast every morning!**
- For questions or comments please contact Joe Shamy, Food Service Director at 419-824-8511 or jshamy@sylviaschools.org.

Meals Offered Daily
Hummus served with fresh dipping vegetables, fruit, pita bread, and milk. Hummus a la carte \$2.50

Soy nut butter and jelly sandwich with fruit, veggie and milk (sandwich a la carte \$2.50)

Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu. The last 5 days of school are manager's choice. Menu options for these days will be announced in advance.

Sylvania Schools is an equal opportunity provider and employer. We do not discriminate on the basis of race, color, national origin, sex, religion, age or disability in the employment or the provision of services.



2017-2018 Late Start Days:
Sept 21, Dec 5, March 7 and May 15

Manager's choice

Menu may change at manager's discretion due to food supply.